

QUESTION BANK

MENTAL HEALTH NURSING

UNIT I

1. Concept of Mental Health and illness
2. History of Psychiatric nursing
3. Historical development of mental health nursing.
4. Concept of normal and abnormal behavior.
5. Role and qualities of psychiatric nurse
6. Mental health Team
7. Role and functions of psychiatric nurse in various settings
8. National mental health policy
9. National ,mental health programme
10. Mental health act
11. Admission and discharge procedure
12. Factors affecting level of nursing practice
13. Characteristics of mentally healthy person
14. Characteristics of mentally ill person
15. Indicators of mental health

Unit II

1. Classification of mental disorders- ICD-10 classification
2. Etiological factors of mental disorders
3. Principles of mental health nursing
4. Standards of mental health nursing
5. Defence mechanisms
6. Factors influencing development of personality

Unit III & IV

1. Therapeutic communication techniques
2. History taking

3. Mental status examination
4. Process recording
5. Minimental status examination
6. Johari window
7. Therapeutic communication techniques
8. Elements of nurse patient relationship
9. Phases in Nurse Patient Relationship
10. Therapeutic impasse and its management
11. Process recording

Unit V

1. Antipsychotics
2. Antidepressants
3. Mood stabilizers
4. Ant anxiety drugs
5. Lithium
6. Management of Lithium toxicity
7. Role of nurse in lithium therapy
8. Disulfiram therapy
9. Exrapyramidal symptoms
10. Hypnosis
11. Therapeutic community
12. Milieu therapy
13. Behavior therapy
14. Supportive psychotherapy
15. Biofeedback
16. Relaxation Therapies
17. Group therapy
18. Family therapy
19. Role of nurse in occupational therapy
20. Electroconvulsive therapy- Definition, indications, contraindications, types, techniques, parameters and role of nurse in Pre, intra and post ECT
21. Side effects of ECT
22. Complications of ECT

23. Role of nurse in Pre, Intra and post ECT care

Unit VI- XI

1. Anxiety disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
2. Stress related and Somatoform disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
3. Schizophrenic disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
4. Depression- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
5. Mania- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
6. Bipolar Disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
7. Dementia- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
8. Delirium- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
9. Amnesia- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
10. Epileptic disorders- Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
11. Sleep disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
12. Personality Disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
13. Sexual disorders- Definition, Etiological factors, psychopathology, types, clinical features diagnostic criteria, treatment and nursing management
14. Classification of Mentally Sub normality

15. Mental Retardation- Definition, etiological factors, Classification, clinical features, complications , Treatment and nursing management of patient with Mental Retardation
16. Prevention of Mental Retardation
17. Etiological factors of Mental Retardation
18. Attention deficit hyperactivity disorder
19. Conduct disorders
20. Enuresis & Encopresis
21. Bulimia nervosa
22. Anorexia nervosa

Unit XI

1. Alcohol dependence syndrome- Definition, etiological factors, phases, clinical features, complications , Treatment and nursing management of patient with Alcohol dependence syndrome
2. Types of psychoactive substance abuse
3. Etiological & contributory factors of psychoactive substance abuse
4. Prevention of substance abuse

Unit XIII

1. Types in psychiatric emergencies
2. Psychiatric Emergencies- Psychopathology, Clinical feature, Assessment and diagnosis, Treatment and nursing management
3. Management of suicide
4. Management of aggression
5. Types of crisis
6. Crisis and its intervention

Unit XIV- XV

1. Levels of prevention
2. Model of prevention
3. Role of nurse in preventive psychiatry
4. Evolution of community mental health nursing

5. Mental health agencies- voluntary, national and international
6. National mental health programme
7. Rights of mentally ill
8. Forensic psychiatry
9. Acts related to narcotics and psychotropic substances